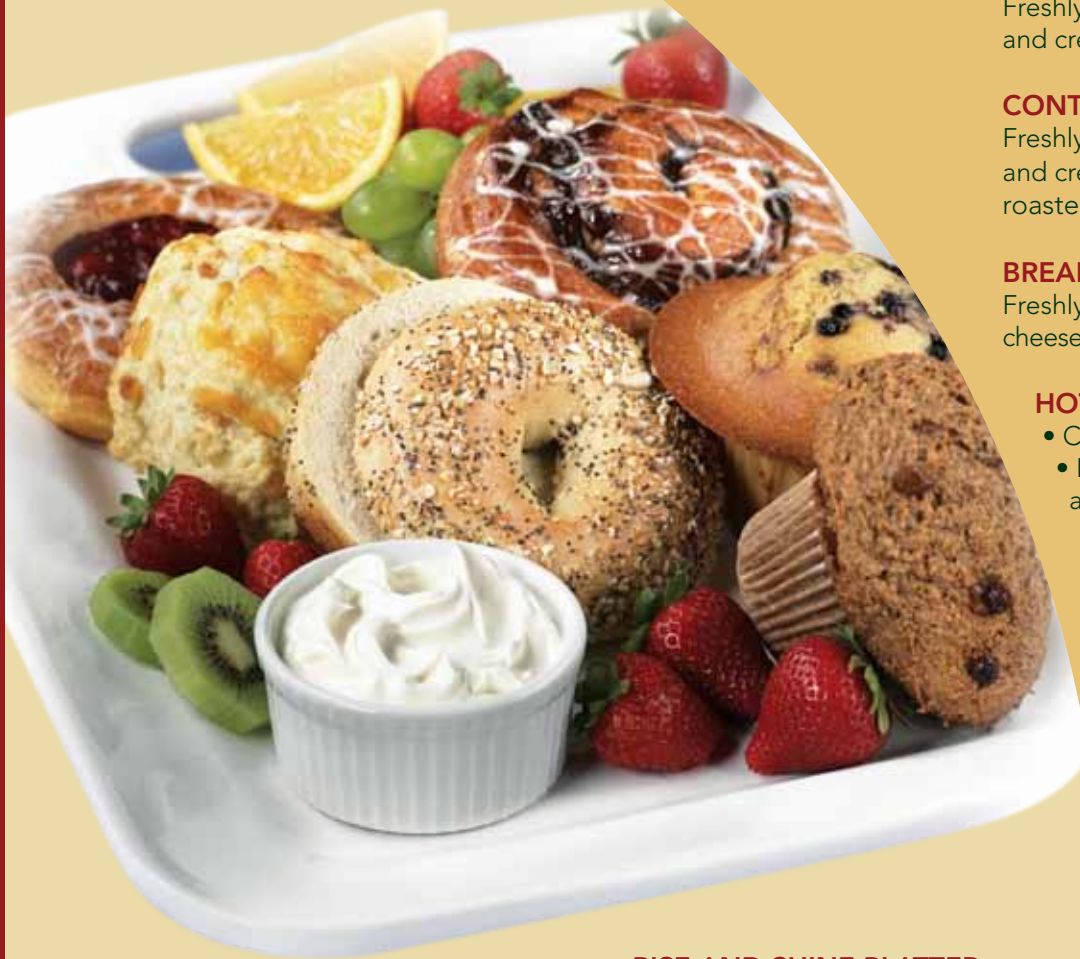




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RISE AND SHINE PLATTER

ALL BREAKFAST SELECTIONS ARE 8-PERSON MINIMUM

RISE AND SHINE PLATTER

Freshly baked assorted bagels, muffins, danishes with whipped butter, jam and cream cheese. (3 pcs each) \$6.49 PP

CONTINENTAL BREAKFAST

Freshly baked assorted croissants, danishes and bagels with butter, jam and cream cheese. Variety of chilled fruit juices (1 each). Includes custom roasted Colombian coffee. \$10.99 PP

BREAKFAST BAGEL PLATTER

Freshly made bagels served with tomatoes, cream cheese and various cheeses (Swiss, cheddar, mozzarella and Monterey Jack). \$6.99 PP

HOT BREAKFAST OMELETTE WRAPS

- Canadian: maple syrup-flavoured bacon and cheddar cheese.
- Hearty: bacon and Swiss cheese.
- Western: ham, peppers, onions and Swiss cheese. (2 pcs each) \$7.99 PP

SMOKED SALMON BAGEL PLATTER

Freshly baked bagels with smoked salmon, light cream cheese, red onions, tomatoes and cucumbers. (2 pcs each) \$8.99 PP

DAIRY PLATTER

Tuna and egg salads, smoked salmon, Provolone and light cream cheese with slices of tomatoes, red onions, cucumbers, red and green peppers. Served with an assortment of breads and bagels. (3 pcs each) \$13.59 PP

Also available:

Premium Smoked Salmon Platter \$13.49, Low Fat Yogurt Parfait \$4.99



PREMIUM SMOKED SALMON PLATTER

VEGGIES AND DIP

Crisp bite-sized seasonal vegetables. Your choice of blue cheese, hummus or ranch dip.
 SMALL (6-9) \$34.99 | MEDIUM (10-15) \$44.99 | LARGE (16-20) \$54.99

PREMIUM SMOKED SALMON PLATTER

Premium smoked salmon served with light cream cheese, fresh bagels, tomatoes, cucumbers, red onions and garnished with lemon wedges and capers.
 \$13.49 PP (8-person minimum)

SAVOURY TORTILLA PINWHEELS

Smoked salmon, light cream cheese and capers, grilled veggies, feta and hummus, black forest ham, sundried tomatoes and Brie, Asiago roast beef and turkey cranberry.
 (3 pcs each) \$12.99 PP (8-person minimum)



GRILLED PANINI PLATTER

SANDWICH & WRAP PLATTER

The perfect combination of our classic sandwiches and wraps. Pickle bowl included.
 (2 pcs each) \$8.99 PP (8-person minimum)

CLASSIC SANDWICH PLATTER

Variety of freshly baked breads. Assortment of • Roast beef • Roast turkey • Corned beef • Pastrami • Smoked turkey • Ham • Tuna, Egg and Salmon salad sandwiches. Pickle bowl included.
 (2 pcs each) \$8.49 PP (8-person minimum)

May we suggest 3 pieces per person?
 Available: gluten-free substitutions

HOT HORS D'OEUVRES

A variety of hors d'oeuvres such as quiche, cocktail sausage rolls, mini-pizzas and more. (Typically requires 24-hour notice.)
(3 pcs each) \$6.19 PP (8-person minimum)

VEGETARIAN HOT HORS D'OEUVRES

Assortment of spanakopita, feta & sundried tomatoes, and mushroom & leek. (Typically requires 24-hour notice.)
(3 pcs each) \$6.19 PP (8-person minimum)

CHEESE PLATTER

Variety of Brie, Provolone, Monterey Jack and smoked cheddar. Served with grapes and variety of crackers.
SMALL (SERVES 6-9) \$59.99 | LARGE (10-15) \$99.99

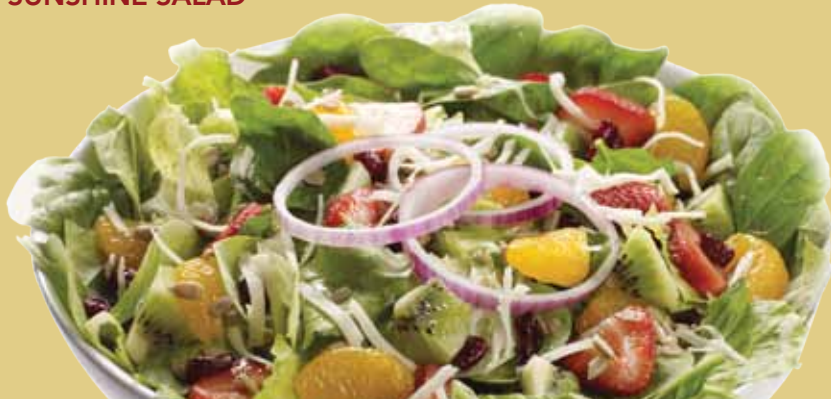
LOW CARB DELI PLATTER

Assortment of • Roast beef • Corn beef • Ham • Turkey, individually wrapped around a pickle spear.
(3 pcs each) \$10.99 PP (8-person minimum)

Also available:

Chicken fingers \$11.99, chicken satays \$3.99, mini veggie samosas \$3.99

SUNSHINE SALAD



WRAP PLATTER



WRAP PLATTER

Whole wheat, pesto and sun-dried tomato wraps filled with freshly sliced meats, tuna, egg and chicken salad mixes with fresh vegetables. Pickle bowl included.
(2 pcs each) \$9.29 PP (8-person minimum)

GRILLED PANINI PLATTER

A selection of mouth-watering panini. • Cuban midnight • Roast beef • Greek grilled veggie • Zesty baked chicken Caesar • Grilled ham and Brie
(2 pcs each) \$10.49 PP (8-person minimum)

GOURMET SANDWICH PLATTER

Freshly baked baguettes, focaccia buns and multi-grain bread. • Asiago roast beef • Beef and Brie • California turkey club • Mediterranean veggie • The Italian.
(2 pcs each) \$10.49 PP (8-person minimum)

SMALL SERVES 6-9 • MEDIUM SERVES 10-15 • LARGE SERVES 16-20

ADD CHICKEN BREAST TO ANY SALAD, \$3.99.

GARDEN SALAD

Crispy Iceberg lettuce with a medley of seasonal vegetables and your choice of dressing.

SMALL \$28.99 | MEDIUM \$40.99 | LARGE \$57.99

SUNSHINE SALAD

Baby spinach, romaine lettuce, red onion rings, kiwi, strawberries, dried cranberries, mandarin oranges, grated mozzarella cheese, sunflower seeds and homemade croutons with a poppyseed dressing.

SMALL \$37.99 | MEDIUM \$52.99 | LARGE \$66.99

CAESAR SALAD

Romaine lettuce, Parmesan cheese, crumbled bacon bits and croutons tossed with our creamy Caesar dressing.

SMALL \$28.99 | MEDIUM \$40.99 | LARGE \$57.99

GREEK SALAD

Romaine lettuce tossed with feta cheese, black Kalamata olives, tomatoes, cucumbers and red onions with our gourmet Greek dressing.

SMALL \$33.79 | MEDIUM \$43.99 | LARGE \$64.99

GOAT CHEESE CRANBERRY SALAD

Mixed greens, cranberries, quinoa, goat cheese, nuts, blueberries and red peppers with a balsamic or raspberry vinaigrette dressing.

SMALL \$37.49 | MEDIUM \$51.49 | LARGE \$77.49

SIDE SALADS: Pasta • Coleslaw • Potato

SMALL \$20.99 | MEDIUM \$27.49 | LARGE \$39.99

Also available:

Tandoori Chicken Wraps \$11.99 PP, Mini-sandwich Platter \$9.99 PP, Buffet Deli Platter \$11.99 PP, Boxed Lunch \$11.25 PP

CHICKEN SOUVLAKI



EACH ENTRÉE INCLUDES A GARDEN OR CAESAR SALAD.

CHICKEN SOUVLAKI

Skewers of tender pieces of marinated chicken grilled to perfection. Served with rice. Accompanied with a side of tzatziki.

\$13.49 PP (8-person minimum)

LASAGNA (MEAT OR VEGETARIAN)

Classic lasagna with our special cheese blend served with garlic bread.

\$12.99 PP (9-person minimum).

Also available:

Quinoa salad \$31.49

**MINISTRONE****PREMIUM SOUPS SOLD IN MULTIPLES OF 8 SERVINGS.**

SERVED WITH OUR FRESHLY BAKED BAGUETTE.
INCLUDES DISPOSABLE BOWLS, SPOONS AND SERVING LADLE.
\$5.15 PP

MANY SOUPS AVAILABLE:

Classic Chicken Noodle • Italian Wedding • Cream of Mushroom
• Minestrone • Tomato Bisque • Cream of Broccoli • Other fine soups

Select Sandwich is not an allergen-free environment. We strive for accuracy, and reserve the right to correct any errors, revise pricing, menu items and availability. Some items may not be exactly as pictured in this menu. If you have any questions, please call your local catering specialist. HST extra where applicable.

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TUSCAN CHICKEN

Juicy chicken breast sautéed with sweet peppers, tomatoes, mushrooms and fresh basil served with roasted potatoes.
\$13.49 PP (8-person minimum)

CHICKEN OR BEEF STIR FRY

Stir-fried marinated chicken or beef strips and vegetables served on rice or pasta. Sauce choices: • teriyaki • roasted red pepper • spicy Thai • soy sauce. \$14.49 PP (8-person minimum)

JERK CHICKEN

Authentic jerk-spiced chicken served with Jamaican rice.
\$13.49 PP (8-person minimum)

Also available:

Quiche \$9.99 PP, Shepherd's Pie \$13.49 PP, Louisiana Green Fire Chicken \$14.49 PP, Chicken Parmigiana \$14.99 PP, Spaghetti and Meatballs \$12.99 PP. Plus, Holiday Roast Turkey with all the fixings!

NOTE: Entrées typically require 24-hour notice.

**CHICKEN STIR FRY**

FRUIT PLATTER

A delicious assortment of seasonal sliced fruit including melons, strawberries, grapes, pineapples and kiwis.
SMALL (SERVES 6-9) \$44.99 | MEDIUM (10-15) 65.99 | LARGE (16-20) \$84.99

COMFORT COOKIES

Just like Mom's homemade cookies. Baked fresh daily. \$17.99 / DOZEN (Additional \$1.50 each)

BITE-SIZED COOKIES

Assorted delicious mini cookies. Freshly baked to order. \$24.99 / FOUR DOZEN

DECADENT DESSERT PLATTER

Indulge your sweet tooth with an assortment of decadent desserts composed of brownies, fruit squares, Nanaimo bars, carrot cake and mini tarts.
SMALL (SERVES 6-9) \$34.99 | MEDIUM (10-15) \$59.99 | LARGE (16-20) \$76.99

Also available:

Pastry Tray (serves 10) \$44.99 (Additional \$4.50 PP) custom-made cakes for special occasions — just ask. Cakes typically require 48-hour notice.

BEVERAGES

Boxed Colombian Coffee or Tea • regular • decaf • flavoured
Includes cups, stir sticks, milk, cream and sugar.
\$19.99 / Approx. 8 Cups

Soft Drinks - Can \$1.35 / Bottle \$2.50 / Case: 24 cans \$30
Aquafina - Bottle \$1.80 / Case: 24 bottles \$24.99
Juices - Can \$1.95 / Bottle \$2.99 / Tropicana OJ Bottle \$2.50
Iced Tea (Pure Leaf Tea) - Bottle \$2.99
Gatorade G2 - Bottle \$2.99



BITE-SIZED COOKIES



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