

Select  
sandwich co.

# catering menu

*Business to Business*

# breakfast

Minimum 8 people. All prices listed are per unit/person.

## RISE & SHINE

\$7

Each person receives 3 pieces.

Freshly baked goods including bagels, butter croissants, muffins and Danish pastries, served with whipped butter, jam and cream cheese.

## BREAKFAST MUFFIN

\$3

Freshly baked assorted muffin platter garnished with fresh fruit.

## BREAKFAST OMELETTE WRAP

\$6.5

Each person receives 2 pieces. The 2 egg wraps are served on White, Whole Wheat, Sundried Tomato, Multigrain Canadian - maple syrup, cheddar cheese & bacon

- Buritto - mozzarella cheese, green onion & salsa
- Western - ham, red & green peppers, red onion, Swiss cheese
- Veggie - peppers, onions, tomato and mushrooms
- Spinach & Feta - spinach, feta cheese

## PREMIUM SMOKED SALMON

\$12

Premium smoked salmon served with cream cheese, fresh bagels, tomatoes, cucumbers and red onions and garnished with lemon wedges and capers.

## FRUIT PLATTER

\$6

A delicious assortment of seasonal sliced fruit including melon, kiwi, strawberries, grapes and pineapple.

## DAIRY

\$12

Premium Atlantic smoked salmon slices, scoops of cream cheese, tuna and egg salad, with slices of fresh tomato, cucumber and red and green peppers. Served with an assortment of fresh breads and bagels.

## YOGURT

\$5

A low fat parfait topped with granola.

\*No minimum when added with a platter order

## BREAKFAST LOAF

\$4.5

All loaves are freshly baked, and sliced.

- Banana
- Banana chocolate chunk
- Lemon berry (raspberries, cranberries, blueberries)
- Carrot topped with vanilla cream cheese icing
- Lemon poppy seed

**10% OFF**

On orders of \$150<sup>+</sup> before tax

SelectSandwich.com

rise & shine platter ▶

Highest Quality



# appetizer platters

Minimum 8 people. All prices listed are per unit/person.

## VEGGIES & DIP

\$5

Crispy bite-sized seasonal vegetables.  
Your choice of hummus or ranch dip.

## PREMIUM SMOKED SALMON

\$12

Premium smoked salmon served  
with cream cheese, fresh bagels,  
tomatoes, cucumbers and red onions  
and garnished with lemon wedges and  
capers.

## CHEESE

\$7.5

A selection of cheeses, including brie,  
cheddar, mozzarella and Monterey  
Jack.

## FRUIT & CHEESE

\$8

A fine selection of cheeses, including  
brie, Swiss, cheddar, mozzarella and  
Monterey Jack. Sharing the platter is  
freshly cut fruit, including pineapple,  
honeydew, strawberries and other  
fresh seasonal fruits. Served with an  
assortment of crackers.

*Real.  
Healthy. Food*

**FREE  
DELIVERY**

Orders of \$100<sup>+</sup> (before tax)

Delivery Fee \$10. For weekend and evening deliveries,  
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fruit & cheese platter ►

*Irresistible*



# salads

**10% OFF**

On orders  
of \$150<sup>+</sup> before tax

Minimum 8 people. All prices listed are per unit/person.

## GARDEN SALAD

\$3.5

Crispy iceberg lettuce with a medley of seasonal vegetables and your choice of dressing.

## SUNSHINE SALAD

\$4

Baby spinach, romaine lettuce, red onion, kiwi, strawberries, dried cranberries, mandarin oranges, grated mozzarella cheese and sunflower seeds with a citrus kiwi dressing.

## GREEK SALAD

\$4

Romaine lettuce tossed with feta cheese, black kalamata olives, tomatoes, cucumbers and red onion with a choice of our Greek feta vinaigrette, or creamy Greek feta dressing.

## CAESAR SALAD

\$4

Romaine lettuce, parmesan cheese, crumbled bacon bits and croutons tossed with our creamy Caesar dressing.

## QUINOA - FETA

\$4

Quinoa mixed with grilled eggplant, cherry tomatoes, green onion and spinach with a hint of fresh mint. Topped with a feta vinaigrette.

## SWEET KALE SLAW SALAD

\$4

Kale combined with julienned red and green cabbage, broccoli, cranberries & sunflower seeds. Topped with a lemon poppy seed dressing.

Add chicken breast to any salad \$4 per piece

# side salads

## RED-SKINNED POTATO SALAD

\$3

Red-skinned potatoes with grated hard-boiled egg, chopped celery and green onions. Topped with a mild dill mayonnaise.

## COLESLAW

\$3

Thinly sliced green cabbage and carrots combined with a creamy coleslaw dressing.

## MEDITERRANEAN PASTA SALAD

\$4

Rotini pasta with feta cheese, red onions, black olives and red and green peppers. Topped with Greek feta dressing.



garden salad ▶

Heart  
Healthy  
& Low in Fat



**10% OFF**

On orders  
of \$150<sup>+</sup> before tax

**MOST POPULAR!**

# sandwiches, wraps, panini platters

Minimum 8 people. All prices listed are per unit/person.

**VEGAN & GLUTEN-FREE OPTIONS AVAILABLE**

## CLASSIC SANDWICH

\$8

A variety of freshly baked breads, with an assortment of the following:

- Roast Beef
- Roast Turkey
- Pastrami
- Smoked Turkey
- Ham and Cheese
- Chicken Salad
- Tuna Salad
- Egg Salad

## WRAP

\$8

Whole wheat, pesto and sun-dried tomato wraps filled with freshly sliced meats, tuna salad, egg salad and chicken salad combined with fresh vegetables.

All trays come garnished with carrot and celery sticks, and a bowl of olives & pickles.

## CLASSIC SANDWICH & WRAP

\$8

The perfect combination of our classic sandwiches and wraps.

## PANINI

\$10.5

Assorted grilled panini

- Chicken Balsamic
- Shaved Roast Beef
- Greek Grilled Veggie
- Zesty Baked Chicken Caesar
- Ham & Double Creamy Brie

## MINI SANDWICH

\$7

Each person receives 2 sandwiches.

Assorted mini sandwiches with roast beef, ham, cheese, tuna, egg on mini rolls.

## GRILLED VEGETABLE WRAP

\$8

Assorted vegetables including eggplant, peppers and onions.

**VOLUME  
DISCOUNT!**

Orders of \$150<sup>+</sup> receive 10% off

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**Order online at [SelectSandwich.com](http://SelectSandwich.com)**



# premium sandwich & wrap platters

Baguette, Focaccia Bun, Multi Grain Bread. \$10.5

**VEGAN & GLUTEN-FREE OPTIONS AVAILABLE**

## COBB SALAD WRAP

A crispy spring mix, smoked turkey, real bacon pieces, blue cheese, red onions and diced tomatoes. Topped with a creamy ranch dressing.

## VEGETARIAN WRAP

A crispy spring mix with quinoa, crumbled feta cheese, diced tomatoes, avocado and black olives, with a hint of fresh parsley and mint. Topped with a creamy ranch dressing.

## GREEK CHICKEN WRAP

Sliced grilled chicken breast, feta cheese, olives, diced tomatoes, red onion and cucumber. Topped with a creamy Greek feta dressing.

## CHICKEN & DOUBLE CREAMY BRIE CAESAR ON CIABATTA

A juicy grilled chicken breast, sliced, with soft brie cheese and real bacon pieces. Topped with Caesar dressing.

## SMOKED SALMON

Smoked Atlantic salmon with smooth cream cheese, red onion, diced tomatoes and cucumber. Served on a bagel.

## CHIPOTLE CHICKEN ON CIABATTA

Grilled chicken breast, sautéed onions, peppers, mushrooms, mozzarella cheese and chipotle mayo on a soft ciabatta bun.



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# hot favourites

Minimum 8 people. All prices listed are per unit/person.  
Each entrée includes a garden or Caesar salad.

## PENNE WITH HOT ITALIAN SAUSAGE

\$12

Smothered with spicy tomato sauce  
with sliced Italian sausage.

## LASAGNA (MEAT OR VEGETARIAN)

\$12 (minimum 9 people)

Classic lasagna with our special cheese  
blend served with garlic bread.

## MACARONI & CHEESE

\$12

Old style baked with our blend of  
cheese and tomato. Add Bacon \$1/pp.

## TUSCAN CHICKEN

\$12

Juicy chicken breast sautéed with  
sweet peppers, tomatoes, mushrooms,  
and fresh basil served with roasted  
potatoes.

## ROASTED CHICKEN

\$12

Roasted with our medley of spices,  
served with herbed potatoes. Substitute  
white meat for dark - \$1.5/pp

## JERK CHICKEN

\$12

Authentic jerk-spiced chicken served  
with Jamaican rice and peas.

## CHICKEN SOUVLAKI

\$12

Skewers of tender pieces of marinated  
chicken grilled to perfection. Served  
with rice. Accompanied with a side of  
tzatziki.

*Real.  
Healthy. Food*

For special requests, call 1-866-567-5648

meat lasagna ▶

*Warm & Juicy*

*Warm*



# desserts

Minimum 8 people.

All prices listed are per unit/person, except for those specified as per dozen.

## DECADENT DESSERT

\$4

Indulge your sweet tooth with an assortment of decadent desserts including Skor brownies, fudge brownies, raspberry marble cheese cake, butter tarts and pecan squares.

## DESSERT LOAF

\$4.5

All loaves are freshly baked, and sliced.

- Banana
- Banana chocolate chunk
- Lemon berry (raspberries, cranberries, blueberries)
- Carrot topped with vanilla cream cheese icing
- Lemon poppy seed

## FRUIT PLATTER

\$6

A delicious assortment of seasonal sliced fruit including melon, strawberries, grapes, pineapple and kiwi.

## COMFORT COOKIES

\$19/doz.

With a coffee, or after a delicious catered lunch, comfort cookies will please all your clients!

- White chocolate macadamia
- Chocolate chip
- Double chocolate chip
- Oatmeal cranberry walnuts

## GOURMET BISCOTTI

\$2.5 or \$27/doz.

An assortment of biscotti baked to perfection, including almond chocolate dip, triple chocolate and orange cranberry with white chocolate.

## BITE-SIZED COOKIES

\$26/doz

Same as the Comfort Cookies, just bite sized.

*Sweeten  
the Deal*

For special requests, call 1-866-567-5648

SelectSandwich.com

decadent dessert platter ►

Just die for





# drinks

## BOXED COFFEE OR TEA

Box \$15

Regular, Decaf or Flavoured. Includes cups, stir sticks, milk, cream and sugar. Serves approximately 8 cups.

## TROPICANA

Bottle \$2.5

## DOLE JUICE

Can \$1.5

## PURE LEAF ICED TEA

Bottle \$2.99

## SOFT DRINKS

Can \$1.5, Bottle \$2.5

## GATORADE

\$2.99

## WATER

Bottle \$1.8



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