

Select
sandwich co.

catering

menu

A smiling woman with long blonde hair is holding a sandwich on a white plate. The sandwich is filled with lettuce, cheese, and a tomato slice. She is wearing a blue shirt. The background is a bright, indoor setting.

Business to Business

breakfast

Minimum 8 people. All prices listed are per unit/person.

RISE & SHINE

\$7

Each person receives 3 pieces.
Freshly baked goods including bagels, butter croissants, muffins and Danish pastries, served with whipped butter, jam and cream cheese.

BREAKFAST MUFFIN

\$3

Freshly baked assorted muffin platter garnished with fresh fruit.

BREAKFAST OMELETTE WRAP

\$6.5

Each person receives 2 pieces. The 2 egg wraps are served on White, Whole Wheat, Sundried Tomato, Multigrain Canadian - maple syrup, cheddar

cheese & bacon

Burrito - mozzarella cheese, green onion & salsa

Western - ham, red & green peppers, red onion, Swiss cheese

Veggie - peppers, onions, tomato and mushrooms

Spinach & Feta - spinach, feta cheese

PREMIUM SMOKED SALMON

\$12

Premium smoked salmon served with cream cheese, fresh bagels, tomatoes, cucumbers and red onions and garnished with lemon wedges and capers.

FRUIT PLATTER

\$6

A delicious assortment of seasonal sliced fruit including melon, kiwi, strawberries, grapes and pineapple.

DAIRY

\$12

Premium Atlantic smoked salmon slices, scoops of cream cheese, tuna and egg salad, with slices of fresh tomato, cucumber and red and green peppers. Served with an assortment of fresh breads and bagels.

YOGURT

\$5

A low fat parfait topped with granola.

*No minimum when added with a platter order

BREAKFAST LOAF

\$4.5

All loaves are freshly baked, and sliced.

- Banana
- Banana chocolate chunk
- Lemon berry (raspberries, cranberries, blueberries)
- Carrot topped with vanilla cream cheese icing
- Lemon poppy seed

10% OFF

On orders of \$150⁺ before tax

SelectSandwich.com

rise & shine platter ►

Highest Quality



appetizer platters

Minimum 8 people. All prices listed are per unit/person.

VEGGIES & DIP

\$5

Crispy bite-sized seasonal vegetables. Your choice of hummus or ranch dip.

PREMIUM SMOKED SALMON

\$12

Premium smoked salmon served with cream cheese, fresh bagels, tomatoes, cucumbers and red onions and garnished with lemon wedges and capers.

CHEESE

\$7.5

A selection of cheeses, including brie, cheddar, mozzarella and Monterey Jack.

FRUIT & CHEESE

\$8

A fine selection of cheeses, including brie, Swiss, cheddar, mozzarella and Monterey Jack. Sharing the platter is freshly cut fruit, including pineapple, honeydew, strawberries and other fresh seasonal fruits. Served with an assortment of crackers.

*Real.
Healthy. Food*

**FREE
DELIVERY**

Orders of \$100⁺ (before tax)

Delivery Fee \$10. For weekend and evening deliveries, please call 1-866-567-5648.

We accept all major credit cards

Find a location near you or order online

SelectSandwich.com

fruit & cheese platter ►

Irresistible



salads

10% OFF
On orders
of \$150⁺ before tax

Minimum 8 people. All prices listed are per unit/person.

GARDEN SALAD

\$3.5

Crispy iceberg lettuce with a medley of seasonal vegetables and your choice of dressing.

SUNSHINE SALAD

\$4

Baby spinach, romaine lettuce, red onion, kiwi, strawberries, dried cranberries, mandarin oranges, grated mozzarella cheese and sunflower seeds with a citrus kiwi dressing.

GREEK SALAD

\$4

Romaine lettuce tossed with feta cheese, black kalamata olives, tomatoes, cucumbers and red onion with a choice of our Greek feta vinaigrette, or creamy Greek feta dressing.

CAESAR SALAD

\$4

Romaine lettuce, parmesan cheese, crumbled bacon bits and croutons tossed with our creamy Caesar dressing.

QUINOA - FETA

\$4

Quinoa mixed with grilled eggplant, cherry tomatoes, green onion and spinach with a hint of fresh mint. Topped with a feta vinaigrette.

SWEET KALE SLAW SALAD

\$4

Kale combined with julienned red and green cabbage, broccoli, cranberries & sunflower seeds. Topped with a lemon poppy seed dressing.

Add chicken breast to any salad \$4 per piece

side salads

RED-SKINNED POTATO SALAD

\$3

Red-skinned potatoes with grated hard-boiled egg, chopped celery and green onions. Topped with a mild dill mayonnaise.

COLESLAW

\$3

Thinly sliced green cabbage and carrots combined with a creamy coleslaw dressing.

MEDITERRANEAN PASTA SALAD

\$4

Rotini pasta with feta cheese, red onions, black olives and red and green peppers. Topped with Greek feta dressing.

SelectSandwich.com

garden salad ▶

Heart
Healthy
& Low in Fat



10% OFF

On orders
of \$150⁺ before tax

MOST POPULAR!

sandwiches, wraps, panini platters

Minimum 8 people. All prices listed are per unit/person.

VEGAN & GLUTEN-FREE OPTIONS AVAILABLE

CLASSIC SANDWICH

\$8

A variety of freshly baked breads, with an assortment of the following:

- Roast Beef
- Roast Turkey
- Pastrami
- Smoked Turkey
- Ham and Cheese
- Chicken Salad
- Tuna Salad
- Egg Salad

WRAP

\$8

Whole wheat, pesto and sun-dried tomato wraps filled with freshly sliced meats, tuna salad, egg salad and chicken salad combined with fresh vegetables.

All trays come garnished with carrot and celery sticks, and a bowl of olives & pickles.

CLASSIC SANDWICH & WRAP

\$8

The perfect combination of our classic sandwiches and wraps.

PANINI

\$10.5

Assorted grilled panini

- Chicken Balsamic
- Shaved Roast Beef
- Greek Grilled Veggie
- Zesty Baked Chicken Caesar
- Ham & Double Creamy Brie

MINI SANDWICH

\$7

Each person receives 2 sandwiches. Assorted mini sandwiches with roast beef, ham, cheese, tuna, egg on mini rolls.

GRILLED VEGETABLE WRAP

\$8

Assorted vegetables including eggplant, peppers and onions.

**VOLUME
DISCOUNT!**

Orders of \$150⁺ receive 10% off

Find a location near you or

Order online at SelectSandwich.com

premium sandwich & wrap platters

Baguette, Focaccia Bun, Multi Grain Bread. \$10.5

VEGAN & GLUTEN-FREE OPTIONS AVAILABLE

COBB SALAD WRAP

A crispy spring mix, smoked turkey, real bacon pieces, blue cheese, red onions and diced tomatoes. Topped with a creamy ranch dressing.

VEGETARIAN WRAP

A crispy spring mix with quinoa, crumbled feta cheese, diced tomatoes, avocado and black olives, with a hint of fresh parsley and mint. Topped with a creamy ranch dressing.

GREEK CHICKEN WRAP

Sliced grilled chicken breast, feta cheese, olives, diced tomatoes, red onion and cucumber. Topped with a creamy Greek feta dressing.

CHICKEN & DOUBLE CREAMY BRIE CAESAR ON CIABATTA

A juicy grilled chicken breast, sliced, with soft brie cheese and real bacon pieces. Topped with Caesar dressing.

SMOKED SALMON

Smoked Atlantic salmon with smooth cream cheese, red onion, diced tomatoes and cucumber. Served on a bagel.

CHIPOTLE CHICKEN ON CIABATTA

Grilled chicken breast, sautéed onions, peppers, mushrooms, mozzarella cheese and chipotle mayo on a soft ciabatta bun.



hot favourites

10% OFF
On orders
of \$150⁺ before tax

Minimum 8 people. All prices listed are per unit/person.
Each entrée includes a garden or Caesar salad.

PENNE WITH HOT ITALIAN SAUSAGE

\$12

Smothered with spicy tomato sauce
with sliced Italian sausage.

MACARONI & CHEESE

\$12

Old style baked with our blend of
cheese and tomato. Add Bacon \$1/pp.

ROASTED CHICKEN

\$12

Roasted with our medley of spices,
served with herbed potatoes. Substitute
white meat for dark - \$1.5/pp

CHICKEN SOUVLAKI

\$12

Skewers of tender pieces of marinated
chicken grilled to perfection. Served
with rice. Accompanied with a side of
tzatziki.

LASAGNA (MEAT OR VEGETARIAN)

\$12 (minimum 9 people)

Classic lasagna with our special cheese
blend served with garlic bread.

TUSCAN CHICKEN

\$12

Juicy chicken breast sautéed with
sweet peppers, tomatoes, mushrooms,
and fresh basil served with roasted
potatoes.

JERK CHICKEN

\$12

Authentic jerk-spiced chicken served
with Jamaican rice and peas.

*Real.
Healthy. Food*

For special requests, call 1-866-567-5648

SelectSandwich.com

meat lasagna ▶

Warm & Juicy



desserts

Minimum 8 people.

All prices listed are per unit/person, except for those specified as per dozen.

DECADENT DESSERT

\$4

Indulge your sweet tooth with an assortment of decadent desserts including Skor brownies, fudge brownies, raspberry marble cheese cake, butter tarts and pecan squares.

DESSERT LOAF

\$4.5

All loaves are freshly baked, and sliced.

- Banana
- Banana chocolate chunk
- Lemon berry (raspberries, cranberries, blueberries)
- Carrot topped with vanilla cream cheese icing
- Lemon poppy seed

FRUIT PLATTER

\$6

A delicious assortment of seasonal sliced fruit including melon, strawberries, grapes, pineapple and kiwi.

COMFORT COOKIES

\$19/doz.

With a coffee, or after a delicious catered lunch, comfort cookies will please all your clients!

- White chocolate macadamia
- Chocolate chip
- Double chocolate chip
- Oatmeal cranberry walnuts

GOURMET BISCOTTI

\$2.5 or \$27/doz.

An assortment of biscotti baked to perfection, including almond chocolate dip, triple chocolate and orange cranberry with white chocolate.

BITE-SIZED COOKIES

\$26/doz

Same as the Comfort Cookies, just bite sized.

*Sweeten
the Deal*

For special requests, call 1-866-567-5648

SelectSandwich.com

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decadent dessert platter ▶

Just die for



drinks

BOXED COFFEE OR TEA

Box \$15

Regular, Decaf or Flavoured. Includes cups, stir sticks, milk, cream and sugar. Serves approximately 8 cups.

TROPICANA

Bottle \$2.5

DOLE JUICE

Can \$1.5

PURE LEAF ICED TEA

Bottle \$2.99

SOFT DRINKS

Can \$1.5, Bottle \$2.5

GATORADE

\$2.99

WATER

Bottle \$1.8



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Hosting an
office meeting
or planning a
corporate party?

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to Business*

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